

# Left Hand Preparation Exercise

From 5 Technical Routines for Classical Guitar Level 3

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Thanks for watching my lesson, I hope it was useful for you. The exercises below provide a simple yet very effective framework to focus on your left hand preparation. Here are a couple of things to keep in mind:

1. Move both fingers at the same time (not individually) when preparing for the next two notes in the sequence
2. Prepare your fingers quickly. The preparation fingers move immediately after you have placed the fretted fingers
3. Be patient with this process, it involves a lot of finger independence training. After incorporating this exercise into your practice routine for a long time, the preparation movement can become habitual.

If you found this useful please leave a comment on the video and let me know!

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## Chromatic Octave Scale (Unison)

The musical notation for the Chromatic Octave Scale (Unison) is presented in three staves. The first staff shows the initial four notes of the scale: G2 (finger 2), A2 (finger 3), B2 (finger 4), and C3 (finger 0). Above these notes are the fingering letters 'i', 'm', 'i', and 'm'. Below the notes are the dynamics 'p', 'p', 'p', and 'p'. The second staff continues the scale from C3 to G3, with notes: C3 (finger 3), D3 (finger 4), E3 (finger 0), F3 (finger 1), G3 (finger 2), A3 (finger 3), B3 (finger 4), and C4 (finger 0). The third staff continues from C4 to G4, with notes: C4 (finger 2), D4 (finger 1), E4 (finger 0), F4 (finger 4), G4 (finger 3), A4 (finger 2), B4 (finger 1), and C5 (finger 0). The piece concludes with a double bar line.

This variation poses a different kind of challenge to your finger independence because it requires one finger to remain while the other prepares for the next note. Your fingers should look like spider legs as they crawl between each note and you should hear each note overlapping with the next if you are holding down the notes correctly.

## Chromatic Octave Scale (Split)

(You can repeat either i or m on the top voice, or choose to alternate. Use rest stroke on the repeat as above)

The musical notation for the Chromatic Octave Scale (Split) is presented in two staves. The first staff shows the initial four notes of the scale: G2 (finger 2), A2 (finger 3), B2 (finger 4), and C3 (finger 0). Above these notes are the fingering letters 'i', 'i', 'i', and 'i'. Below the notes are the dynamics 'p', 'p', 'p', and 'p'. The second staff continues the scale from C3 to G4, with notes: C3 (finger 3), D3 (finger 4), E3 (finger 0), F3 (finger 1), G3 (finger 2), A3 (finger 3), B3 (finger 4), and C4 (finger 0). The piece concludes with a double bar line.